

**HC**  
*one of a kind*

## *Lunan Court Care Home*

*Albert Street, Abroath, Angus DD11 1RA*



Situated in the picturesque town of Arbroath, with stunning views of the harbour, Lunan Court Care Home is a purpose built 44 bedded care home offering Dementia, Nursing, Respite and End of Life care.

### **Meet the team**

At HC-One our experienced Home Managers and members of staff ensure kindness is at the heart of everything we do.

Our Residents receive professional care delivered with thoughtfulness and respect, in a friendly, homely and supportive environment, where quality of life is paramount.



### **Home life**

At Lunan Court Care Home Residents have a choice of lounge areas which feature comfortable and specially designed furnishings.

Residents are encouraged to maintain as much independence as possible, with this in mind Lunan Court Care Home offers the following services:

- Hairdressing salon with weekly visits from a mobile Hairdresser
- Bar service
- Daily newspaper delivery (upon request)
- Designated smoking area
- Chiropody and alternative therapy services
- GP service (Residents are also able to retain their own GP)
- Small pets are allowed by arrangement
- Lift access

*Family and friends join Residents for meals which are served in the dining room*

## *Lunan Court Care Home*



### **Bedrooms**

We have a range of comfortable and well-equipped bedrooms; some of our rooms also have views across the garden.

To personalise their bedroom Residents are encouraged to bring their own items of furniture and personal belongings such as ornaments and pictures.

All bedrooms have en suite facilities; all are wheelchair friendly, have TV aerial points and a nurse call system.

### **Dining experience**

Our Chefs pride themselves in knowing the tastes of our Residents and preparing a choice of fresh, nutritional meals and catering for any dietary and cultural needs.

We understand that meals are a very important part



of our Residents' day, our menus cover a variety of choices for each meal and a choice of snacks, fresh fruit and refreshments are also available 24 hours a day.

Family and friends join Residents for meals which are served in the dining room or, if our Residents wish, they can choose to eat in the privacy of their own rooms.

### **Hobbies and interests**

Our Activities Co-ordinator spends time with Residents to ensure popular pastimes are included within the weekly activities calendar which is displayed in the home, this includes:

- Arts and crafts
- Gardening
- Animal therapy
- One-on-one sessions
- Baking
- Quizzes

Many of our Residents find the one-on-one time with our members of staff particularly enjoyable.

### **Outdoor areas**

Our landscaped garden, with beautiful sea views, is very popular with our Residents and a great place for garden enthusiasts, who also enjoy helping to keep the raised flower beds looking good.

The open and secure patio complete with comfortable seating provides tranquillity for Residents to relax or socialise with family and friends.

### **Visiting Lunan Court**

For visitors travelling by car the A92 is in close proximity, the nearest train station is Arbroath, there are also regular bus services to and from nearby towns. There is onsite parking for visitors.

### **Contact us**

If you would like to know more about Lunan Court Care Home or to arrange a visit our Home Manager will be delighted to speak with you, please call 0333 999 8563 or email [careline@hc-one.co.uk](mailto:careline@hc-one.co.uk)