



WELCOME

ABERPENNAR
COURT
NURSING AND RESIDENTIAL CARE HOME

A VERY WARM WELCOME TO ABERPENNAR COURT CARE HOME

WELCOME TO OUR HOME

Located in the village of Mountain Ash, near Misken, Aberpennar Court is a warm, friendly care home where caring with kindness is at the heart of everything we do.

From our kind care team to our professional housekeeping service, we work around the clock to make sure everyone in our home is supported to live better in each moment of every day.



CARING ABOUT YOU AS A PERSON

By taking the time to talk to people and their families to understand their life stories, we are able to tailor the hospitality, lifestyle and care we provide to reflect individual choices and needs.

We use our knowledge and experience to help people to be as independent as they want to be for as long as possible. We work together with families and medical professionals to create personal care plans that support and can even improve both mental and physical health. We do all this using the latest care planning technology. This means that at anytime of day or night, people living here, have the peace of mind that all our team know what their care plan is and can use this information to help support their needs and wishes.

We also understand that people's needs change so we regularly review each persons care plan to ensure they are getting the support they need at whatever stage they are at in their care journey.

**Aberpennar Court
is rated
Good in all areas
by Care Inspectorate
Wales**

“Nice, homely atmosphere. Mam seems very happy here. Mixing well with other clients. Banter with staff. Find staff very friendly & welcoming, no problems encountered.”

*Overall experience
5 out of 5.*

*Anne B (Daughter of Resident)
17 March 2025*

CARING WITH KINDNESS

Aberpennar Court is our residents' home and we are here to support them to continue enjoying as many of the things they love for as long as possible, even if their needs change and become more complex.

Our professional carers and qualified nursing team are available 24 hours a day so you have the peace of mind that there is always someone on hand to provide both personal and medical care.

Our skilled chefs are able to prepare tasty snacks and meals even for more complex dietary needs, while our housekeeping team look after all the laundry and keep everywhere clean and tidy.



We also have team members who know how to support people with more complex needs so they can continue to do activities they enjoy. This may be reading in a quiet corner, enjoying a favourite film or chatting over a coffee and cake with friends and family.



WHAT'S INCLUDED

Everyone living here receives the same high quality nursing care and is supported to lead the fullest possible life...

- Exceptional standards of 24 hour nursing care
- Highly trained, caring and compassionate care team
- Care plan tailored to your health, personal and care needs
- Comfortable bedrooms with en-suite facilities
- Relaxing bathrooms with specialist assisted bath
- Complimentary Wi-Fi
- Appointments available at our onsite hairdressing salon
- Choice of tasty, nutritious, meals
- Selection of beverages and snacks throughout the day
- Dedicated leisure and wellbeing programme and regular social committee meetings
- Beautifully landscaped gardens and patio areas
- The choice to invite your guests to dine with you
- Full and varied programme of activities every day
- Clubs, entertainment and talks within the home
- A range of social spaces including lounge and dining areas
- An active role in the local community, including shopping trips and local events



HOW TO FIND
**ABERPENNAR
COURT**
CARE HOME

Windsor Road, Miskin, Mountain Ash, CF45 3BH
what3words: search **deserved.trace.winemaker**



Call us on **0333 999 8386** or visit
hc-one.co.uk to find out more or arrange a visit

