



WELCOME

ASHBOURNE
LODGE
CARE HOME



A VERY WARM WELCOME TO ASHBOURNE LODGE CARE HOME

WELCOME TO OUR HOME

Punam Randhawa, Home Manager



With a wealth of knowledge and experience in providing residential care, Punam understands how to help people who need a little bit of extra support to enjoy the best possible quality of life. Punam is very proud of the team she leads and how passionate they are about delivering the highest standard of care and hospitality for every single person living at Ashbourne Lodge.

“I’m so proud of my team and the kind and supportive home we have created. Caring for the people that live here, listening to their stories and helping them to have the best possible quality of life is a real privilege.”



CARING ABOUT YOU AS A PERSON

By taking the time to talk to people and their families to understand their life stories, we are able to tailor the hospitality, lifestyle and care we provide to reflect individual choices and needs.

We use our knowledge and experience to help people to be as independent as they want to be for as long as possible. We work together with families and medical professionals to create personal care plans that support and can even improve both mental and physical health. We do all this using the latest care planning technology. This means that at anytime of day or night, people living here, have the peace of mind that all our team know what their care plan is and can use this information to help support their needs and wishes.

We also understand that people’s needs change so we regularly review each persons care plan to ensure they are getting the support they need at whatever stage they are at in their care journey.

Ashbourne Lodge Is Rated Good



We are proud to be rated ‘Good’ in all five areas of inspection by the Care Quality Commission

✓ Is the service effective?	Good
✓ Is the service caring?	Good
✓ Is the service responsive?	Good
✓ Is the service well-led?	Good
✓ Is the service safe?	Good

CARING WITH KINDNESS

For complete peace of mind

Ashbourne Lodge is our residents' home and we are here to support them to continue enjoying as many of the things they love for as long as possible.

Our professional care teams are available around the clock so there is always someone on hand to provide care, company and support whenever it is needed.

Our skilled chefs are able to prepare a wide variety of tasty and nutritious snacks and meals, while our housekeeping team look after all the laundry and keep everywhere clean and tidy.



We also have team members who provide a wide range of regular activities and entertainment designed to support better physical and mental wellbeing by encouraging people to stay active and to be sociable. This may be enjoying a favourite film with friends, chatting over a coffee and cake with family, taking part in a quiz night or fitness class.



WHAT'S INCLUDED

Everyone living here receives the same high quality hospitality, support and care. Here is what's included...

- Exceptional standards of 24 hour care
- Highly trained, caring and compassionate care team
- Care plan tailored to your health, personal and care needs
- Comfortable bedrooms with en-suite facilities
- Relaxing bathrooms with specialist assisted bath
- Complimentary Wi-Fi
- Appointments available at our onsite hairdressing salon
- Choice of tasty, nutritious, meals
- Selection of beverages and snacks throughout the day
- Dedicated leisure and wellbeing programme and regular social committee meetings
- Beautifully landscaped gardens and patio areas
- Professional carers who understand how to support people with dementia
- The choice to invite your guests to dine with you
- Full and varied programme of activities every day
- Clubs, entertainment and talks within the home
- A range of social spaces including lounge and dining areas
- An active role in the local community, including shopping trips and local events



HOW TO FIND
ASHBOURNE
LODGE
CARE HOME

The Cedars, Ashbrooke, Sunderland SR2 7TW
what3words: search **fees.prep.commented**



Call us on **0191 565 1537** or find us online
to find out more or arrange a visit

