

Northview Lodge



'Outstanding' with CQC

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Belonging to HC-One, The Kind Care Company

Northview Lodge in Sunderland

Northview Lodge is a modern, purpose-built care home with 45 beds that offers specialist care to adults experiencing enduring mental health issues and to adults experiencing cognitive impairment as the result of a physical event.



Personalised Care and Support

Our Manager leads a highly skilled and experienced team of nurses and carers who aim to provide the kindest possible care to the individuals we support. Our highly skilled nurses are supported by our dedicated care team to deliver carefully tailored 24-hour care, supervision and support to adults with wide ranging physical disabilities, developmental and mental health needs.

Northview Lodge prides itself in planning and delivering specialist nursing care and our team have undergone extensive training to support people with complex needs who require ongoing treatment and support.



Accommodation

Situated in the residential area of Castletown on the outskirts of Sunderland, the home is only 5 minutes from the A19 and provides speedy links to Darlington, Teesside, Newcastle and Tyneside as well as to the Sunderland area.

Northview Lodge Care Home offers modern, purpose-built living accommodation, provided over 2 floors and has been imaginatively designed to provide a variety of contemporary daily living and social spaces that promote activity and independence.

Over the 2 floors there is a variety of daily living spaces available including 4 dining areas and 4 sitting rooms which feature a flat screen TV. Individuals can also take advantage of a custom-designed skills kitchen which provides an opportunity to maintain or learn new skills. Other leisure facilities include a Coffee Bar.

All bedrooms are light and superbly equipped with TV aerial points and a nurse call system. 25 of the bedrooms have en-suite facilities. Many bedrooms are personalised with small items of furniture and treasured belongings to give that familiar and personal touch.

We encourage everyone to enjoy the outside as much as they can and our private patio area provides opportunities to get involved in gardening, as well as a comfortable seating area to relax with family and friends.





Oak

Based on the ground floor, Oak is a purpose built suite with 19 bedrooms available and provides support and accommodation for adults aged between 18 and 65 years with enduring mental health conditions. It is a specialist service that prides itself on giving the best possible care to those requiring support to live a full, proactive life to those who plan to live with us permanently or intend to return to their own home following an appropriate period of care and support.

We believe in encouraging individuals to maximise their independence and achieve this through helping them develop their daily living skills and supporting them in positive risk taking in order that they can gain self-confidence and the aspiration to achieve their full potential. We provide time and assistance to maintain or re-discover skills such as cooking, cleaning, managing medication, building and fostering friendships and managing finances.

Rose

Based on the first floor, Rose is a purpose built suite with 23 bedrooms available for adults aged between 18 and 65 years with cognitive impairment causing complex behaviours due to an acquired brain injury or physical disability, who require support to live a full and meaningful life.

We have established ourselves an excellent reputation for helping people to achieve positive life outcomes in particular those who have suffered an acquired brain injury, stroke or other life changing health issue. Rose is designed to support people who wish to make this their permanent home and those looking to develop their levels of independence so that they can return home in the future.



Helping People to Access and Be Part of their Local Community

Many of the people living at Northview Lodge do so, so that they can be supported to increase their independence and some are there to help rebuild their lives following a life changing condition or event.



Part of the holistic care and support programme we provide is designed to help them to reconnect with their local community so that they have the confidence to access local community services, amenities, shops and local clubs and associations. Northview Lodge's own minibus provides the opportunity to travel further afield; over the last year this has included trips to the beach, larger towns and cities, safari parks, museums, cinema and a range of other places specifically requested.

In addition to accessing the wider community individuals living at Northview Lodge are encouraged to pursue any existing hobbies they might have and to learn new ones so that they develop their skills and interests. A wellbeing coordinator works in partnership with each person, their friends and family members as appropriate to gain an in-depth understanding of the types of hobbies and interests they already like and those they might like to pursue so that each person achieves a sense of purpose, wellbeing and fulfilment from life. We also welcome a wide range of guests into Northview Lodge including visiting entertainers, musicians, artists, pets for therapy, birds of prey and are always open to new requests.

The aim at Northview Lodge is to create a supportive, stimulating home for younger people who will benefit from the kindest possible care, support and nurture to help them to achieve new levels of self-confidence and independence so that they can feel that they are progressing in life and achieving greater fulfilment. We're proud to say that over the years we have helped many people to achieve greater independence in daily living and always look forward to helping more people to achieve improved quality of life.



The pleasure of mealtimes

Our professional catering team takes pride in using carefully sourced fresh ingredients to create a wide variety of freshly prepared, seasonal meals.

Residents at Northview Lodge are involved in tasting and testing meals so that they can share their preferences towards menu planning, ensuring that there are meals to suit all tastes. Care is taken over the preparation and presentation of food so that it looks delicious and appetising as it is such an important part of a person's care programme.

Of equal importance to matching their taste preferences is ensuring that everyone has the appropriate nutritional intake to meet their care needs. Three main meals are served throughout the day; and morning and afternoon snacks ensure that everyone receives the appropriate levels of nutritional intake, snacks and drinks are also available throughout the day if wanted.



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A Highly Experienced Team

At Northview Lodge we focus on the individual, striving to provide the highest quality, kind and compassionate care to make a difference to the one that matters; the individuals in our care.

Our highly experienced staff team have been carefully selected for their skills, attitude and experience in delivering specialist support to adults with wide ranging physical, developmental and mental health needs. For all those we support, we aim to deliver the best possible outcomes to help them to lead more independent lives. Our dedicated team will support individuals to learn and evolve their life, social, psychological and physical skills whilst ensuring that they receive the specialist care to support their health needs.

HC-One is an award winning learning and development provider; this means that the nursing and care teams at Northview Lodge are able to access a wide range of up to date best practice learning and development programmes that meet the needs of those in our care.

Finding Us



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W hc-one.co.uk/Carehomes/Northview-Lodge.aspx

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Available on Request

HC-One printed information is available in a wide range of accessible formats